

Student: _____ Rm # _____ Date: _____

Study Guide for: Small Steps: The year I got Polio L-5.2/P-4.0

Author: Peg Kehret

***Fill in the answer to these questions as you read the book:

(When you finish the guide, take it to the library to check the answer key)

Authorized signature: _____ (required to check answer key)

1. The Homecoming parade was to begin at what time? _____
2. What grade was Peg in?

3. Peg walks home for lunch every day, how many blocks does she walk? _____
4. Peg's mother takes her temperature, how high was the temperature? _____
5. To diagnose Peg, the doctor had to perform a procedure on her where he inserted a needle into her back to extract spinal fluid. What was that procedure called?

6. When Peg and her family returned home after her initial polio diagnosis, Peg waited in the car while her mother and dad packed her belongings. Mother returned to the car saying that Peg's friend Karen called to say what? _____
7. Peg's parents initially were not allowed into her room at Sheltering Arms Hospital. From where could they see her? _____
8. Once Peg arrived at Sheltering Arms Hospital, she fell asleep. When she woke up, what did she notice? _____
9. Peg spent how many days at Sheltering Arms Hospital before the doctors decided to transfer her to University Hospital? _____
10. As Peg's condition grew worse, the doctors thought she might need what to help her breathe?

11. When Peg first left Sheltering Arms for University Hospital, how many types of Polio did she have?

12. Once Peg got to University Hospital the doctors did another spinal tap. What kind of Polio did they diagnose her with at University Hospital? _____
13. After Peg had another spinal tap at University Hospital, how many types of Polio did she have?

14. A respirator was also commonly referred to as what? _____
15. One evening, Peg tried to drink 7-Up. What happened when she tried?

16. How many days did Peg's fever stay at 102 degrees? _____
17. Once Peg finished her milkshake, how soon did her fever drop? _____
18. When Peg was able to move out of isolation, a nurse came in to put all of her things in a sack to be burned. Why? _____

19. Peg asked if her bed was going to get burned once she left isolation. What was going to happen to her bed?

20. Once Peg was moved out of isolation. She had a roommate. What was her roommate's name?

21. How old was Peg's roommate? _____
22. Peg complained to her doctor that the worst part of being paralyzed was that she wasn't able to do something. What was it? _____
23. Peg developed a serious crush on one of her doctor's. What was that doctor's name?

24. What program did Peg and Tommy listen to on the radio every Monday, Wednesday, and Friday?

25. Once Peg's fever broke and she was still in isolation, she received a therapy treatment twice a day every day. What was that treatment called? _____

26. When Peg was out of isolation, she received an additional therapy. She was required to do some stretches with the help of a nurse. Peg referred to this therapy as what?

27. As Peg laid in the hospital and worried about her condition. She was afraid she wouldn't ever be able to do somethings. Peg even feared that what she wanted to be when she grew up was now not possible. What were the two professions she was interested in?

28. After three weeks of paralysis, Peg was first able to move what body part?

29. When Peg was able to leave the University Hospital, she left something for Tommy. What was it?

30. When Peg got back to Sheltering Arms, she was put in a room with how many other girls?

31. One of Peg's roommates had been at Sheltering Arms for ten years. What was her name?

32. Peg gave her wheelchair a name, what was it? _____

33. What day of the week did Peg's parents come and visit her? _____

34. After Peg's parents visited her the first time, they said they would bring treats for each roommate.

What did each girl ask for? _____

35. When Peg's parents were asking the girls what treats they'd like next Sunday, Dorothy had to think for a minute. Before Dorothy could give her request Renee said she knew what Dorothy wanted.

What did Renee say Dorothy wanted?

36. Peg celebrated a birthday while at Sheltering Arms. How old did she turn while at Sheltering Arms? _____

37. What kind of birthday cake did Mother make for Peg? _____
38. After receiving hot packs for a while, Miss Ballard asked Peg if she'd rather try a different type of therapy than hot packs. What type of therapy did Miss Ballard suggest? _____
- _____
39. Peg's first day in O.T. she had to do what? _____
40. What happened to Peg as she tried to dance the Hula? _____
41. Where were Peg's walking sticks made? _____
42. Once Peg could get in and out of her wheelchair by herself, she spent a lot of time doing two things, what were they?
- _____
- _____
43. Peg became a daredevil in her wheelchair because she learned how to do a trick. What was the trick? _____
44. What were the girls told often when they'd ask for a snack? _____
45. Where did Peg hide the snacks/treats her parents brought? _____
46. Who was the tall blonde and cute visitor that came to visit Peg? _____
47. Dorothy was sick for how many days before her parents got her into town to see a doctor? _____
48. After being at Sheltering Arms for a while, what did the girls began to do every night? _____
49. Peg's parents asked Miss Ballard for permission to do what? _____
- _____
50. What did Peg's mother make for dinner on her overnight visit home? _____
- _____
51. What instrument did Peg learn to play in O.T.? _____
52. What song did Peg's dad play flawlessly on the accordion? _____
53. How many hours a day did Peg go to school while at Sheltering Arms? _____

54. Sister Kenny is not really a Catholic nun like Peg thought. "Sister" in Australia means what?

55. What year did Sister Kenny move to the United States? _____

56. In what state did Sister Kenny settle? _____

57. Polio causes muscle spasms similar to what? _____

58. As Peg was learning to walk with the walking sticks, she felt like something was glued to her feet.

What did she say felt like were glued to the soles of her feet? _____

59. Peg had her walking sticks for how long before Miss Ballard told her she didn't need Silver anymore? _____

60. Who was Peg going to play in a Christmas Pageant? _____

61. What song was Alice going to sing at the Christmas Pageant? _____

62. What was Peg's costume for the Christmas Pageant? _____

63. Who was the boy that played Joseph and helped Peg walk down the aisle? _____

64. When Peg went home for Christmas, what did her dad and Art do to help her get up the stairs?

65. What two gifts did Dorothy receive for Christmas from her great-aunt?

66. Peg's mother noticed that the children in the little kids' ward didn't have enough of what?

67. The first time Peg walked without walking sticks, how many steps did she take? _____

68. At first, how often was Peg supposed to come back to Sheltering Arms once she was able to leave for good? _____

69. On Peg's last night in Sheltering Arms, what did she pass out to her roommates?

70. What items did Peg give away to her roommates "to remember her by"?

71. Peg's mother bought Dr. Bevis a present. What was it? _____

72. How often and for how long was Peg allowed visitors once she was home for good?

73. How many weekly check-ups did Peg have before Miss Ballard said she didn't have to come back for a month? _____

74. In what month was Peg granted permission to go back to school? _____

75. How many months had Peg been out of school? _____

76. How many children did Dorothy have? _____

77. What year did Alice pass away? _____

78. How many children did Peg have? _____

79. What did Peg do the first time her children received the Polio vaccine? _____

80. Where does Peg now live? _____

81. What was the name of the condition Peg had 40 years after she had polio?
